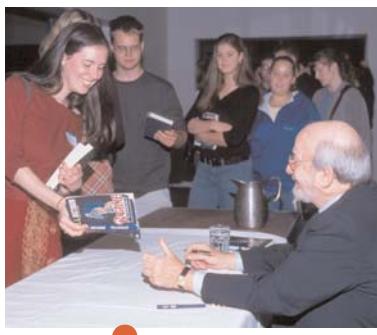




Your friends are building homes for the homeless, hiking Vermont's Green Mountains and organizing campus-wide events. What about you?



Hey You!

Join a Champlain Student Activity



Becoming an active member of the Champlain community couldn't be easier; there are dozens of different student organizations and opportunities. Can't find what you're looking for, then start your own group—it's simple and rewarding.



C.H.A.M.P.

Champlain Has Activities and Motivational Programming

Got some great ideas for fun student activities? Ready to put your ideas into motion? Then CHAMP, the Student Activities Board, is the place for you. From talent shows to ping-pong tournaments, work with your fellow students to organize a wide variety of fun...and often hilarious events and activities throughout the year.

Champlain Road Rules ◦ trips to Montreal, Boston, New York City ◦ movie nights ◦ game shows ◦ dances ◦ barbecue dinners ◦ scavenger hunts ◦ and much more

Co-Curricular Activities

With so many groups at Champlain, there is lots of opportunity to expand your interests or explore new ones. Much of the fun in college happens outside the classroom...join a club or group today!

Book Club ◦ Champlain Heritage Society ◦ Children's Club ◦ Debate Club ◦ Digital Media Club ◦ Disney Program ◦ Diversity Champlain ◦ International Club ◦ Speaker Series/Readers' Exchange ◦ Student Newspaper ◦ Study Abroad/I.S.T.E.P. ◦ Willard & Maple Literary Magazine

Community Service

Put your passions and activism to work in the local community by filling a critical need through the "Get Real" Community Service Connection. There are dozens of projects to choose from including:

Americorps ◦ Child Care ◦ Disabled ◦ Diversity ◦ Economic Development ◦ Environmental ◦ Health/Wellness ◦ Hunger and Homelessness ◦ Literacy ◦ Social Justice ◦ Senior Citizens

Leadership Opportunities

Great leaders are those who are willing to help others reach an important goal. Champlain's many leadership opportunities offer a chance for you to show initiative and a sense of responsibility while enhancing your resume and helping the College community.

Academic Peer Tutor ◦ Admissions Tour Guides and Ambassadors ◦ Career Planning Peer Assistant ◦ Conduct Review Board ◦ First-Year Seminar Peer Mentor ◦ Orientation Leader ◦ Residential or Technical Assistant

Outdoor Recreation

Vermont's lakes, rivers, mountains and fields provide countless opportunities for outdoor recreation. Organized evening and weekend trips often include transportation.

Biking ◦ Caving ◦ Hiking ◦ Horseback Riding ◦ Ice Climbing ◦ Ice Skating ◦ Outing Club ◦ Rock Climbing ◦ Sailing Club ◦ Skiing ◦ Snowboarding ◦ Snow Shoeing ◦ and much more

Residential Life

Much more than a great place to live, the Residential Life Program at Champlain offers special activities in each dorm throughout the academic year. Learn something new, have fun and meet other students.

Community Service (Adopt-a-Family, blood drive, food or clothing drives, Habitat for Humanity, haunted house) ◦ Co-Curricular Programs (academic tutoring, health and wellness, money and time management, personal safety) ◦ Social Activities (bowling nights, dorm dinners, field trips, movies)

Sports and Fitness

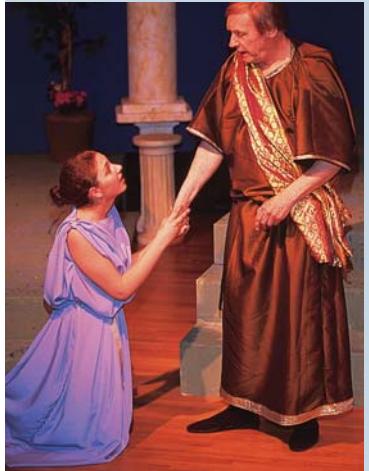
Health and fitness are important parts of the Champlain experience, and our programs offer you access to a wide variety of sport and fitness opportunities throughout the academic year.

Aerobics ◦ Cross Country ◦ Golf Club ◦ Ice Hockey ◦ Intramural Sports (men's and women's basketball, co-ed soccer, co-ed volleyball) ◦ Kick Boxing ◦ Pilates ◦ Ski Trips ◦ Soccer ◦ Softball ◦ Tennis ◦ Ultimate Frisbee ◦ YMCA Membership ◦ Yoga

Theatre, Music & Art

Do you sing, dance, act, paint or take photos? Champlain offers many great opportunities to explore your talents—all you need is your enthusiasm.

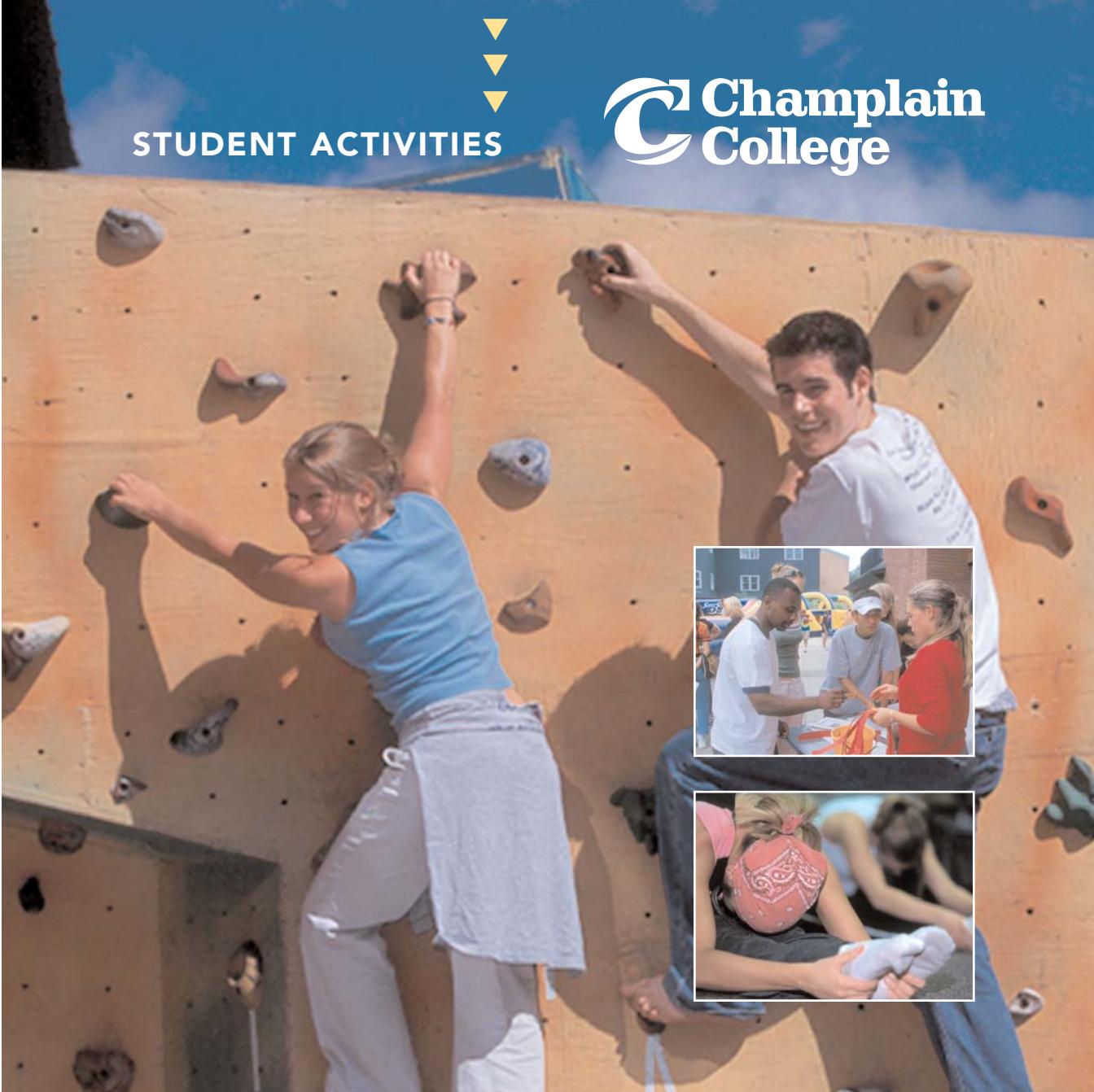
Champlain Players Theatre Group ◦ Fleming Museum Partnership ◦ Music Makers Choral Group ◦ Photography Club



Ready to learn more?

Find a full listing and description of all the student activities available and information on how to join by visiting www.campus.edu/champlain/activities

OR contact the the Student Activities Office: Beth Fitzgerald, Student Activities Director, 865-6436, fitzgera@champlain.edu or Jenna Sonneborn, Coordinator of Recreational Activities, 860-2794, Sonneborn@champlain.edu



www.campus.champlain.edu/activities

Student Activities Office phone:
865-6436 or 860-2794

Have an idea for a new club?

We are always eager to help students, faculty and staff who wish to lead a group or activity. To form a new club or activity on campus, please submit a one-page proposal that outlines:

- Your name and contact information
- The type of club or activity
- The goal of the activity
- Estimated number of participants
- Tentative events
- Where the event(s) will be held
- Estimated costs
- Special considerations (space, equipment, travel, etc.)

Submit proposal to:

Dr. Mary Kay Kennedy,
Office of the Vice President
for Student Services,
Student Resource Center,
Hauke Campus Center



Students serve up hot entertainment at The Grind

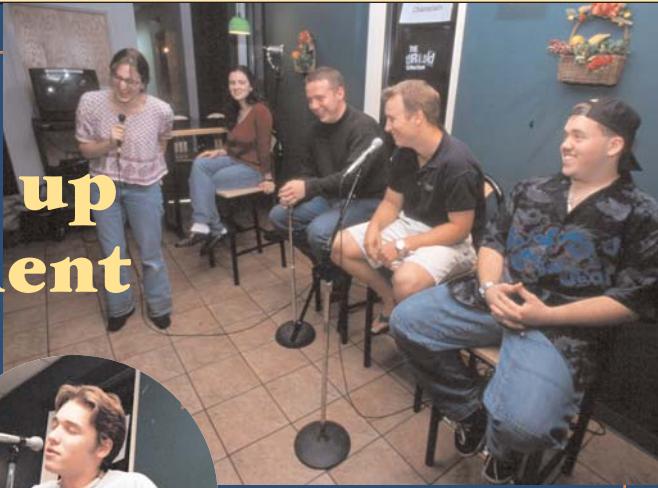
The only illumination in the café comes from the flames of the candles on the tables and the spotlight singling out the microphone. All eyes focus on a songwriter, poet, guitarist, comedian or actor—whoever decides to be the entertainer at that moment.

Champlain's student coffee house offers plenty of entertainment and draws a crowd. The campus café called The View is transformed into The Grind, where students share music, poetry, comedy improvisational skits and any other creative form of expression.

The Grind embraces an open-mic policy where students are encouraged to share their artistic expressions without criticism. Anthony Christiano '06 of Bloomfield, N.J., describes The Grind as an "excellent atmosphere to perform." Christiano plays guitar and sings, often in unison with Paul Kovacich '04 of Sparta, N.C. The duo met in a Champlain residence hall and they have been jamming together since. They constantly work on new songs to perform. They play music by Phish,

"The Grind is a lot of fun because it is different every time. There's a great variety of music, poetry, and improv."

—Vera Catherine Wade '03



Pink Floyd, Dispatch, The Beatles and more on their acoustic guitars.

VeraCatherine Wade '03 labels herself as "the loud one" at The Grind. She tries to motivate students to participate and often initiates improvisational skits and games such as "The Dating Game" and games that play with

words. To Wade, The Grind is "a lot of fun because it is different every time. There's a great variety of music, poetry, improv, and there's even some free stuff," she said. Students sip on free coffee and munch on snacks. Those performing for the first time receive a Grind T-shirt for participating.

Sponsored by Diversity Champlain, a committee that works to build a sense of community, acceptance and understanding on campus, The Grind unites students by giving them an opportunity to creatively express themselves.

—Sandra Hepworth '05